

## SSYI Youth Work Report – AGM

It has been a busy year for SSYI with many great events, and significant changes happening since our last AGM. SSYI continues to reach many disadvantaged and at-risk young people in the villages and their surroundings, with a variety of groups, detached work and mentoring programmes.

In March of this year Ollie our lead youth worker moved to Plymouth to start a new role with South West Youth Ministries. Obviously, this meant a bit of a reshuffle, Jon Sanders from Romsey Mill is now overseeing the work that SSYI is doing, line managing the youth workers and supporting the work. Jon has been increasing the work we do with Sawston Village College and this has been beneficial to the work that we do. Craig from Romsey Mill is also doing some hours for SSYI, supporting Shred It Up, the Friday Youth Club and mentoring a few young people.

We are still running three main weekly groups: RED a group for year 10's and up, which is a relaxed style group with a focus on positive conversation on various topics, including mental health and relationships. Shred It Up which is primarily for secondary school age youth, this group involves visiting local skate parks to teach young people new skills and encourage positive risk taking. Friday youth club, a large open access group for ages 11-20 with darts, pool, games, food and music. This group has our largest attendance and is a great opportunity for youth of all ages to interact with each other in a positive context.

One of the highlights of this year has been our summer residential we took 17 young people to the Horstead Centre in Norfolk for a week of Climbing, Raft Building, Games and some community activities. The youth loved the week and 100% expressed an improvement in their ability to overcome challenges and in their confidence to try new things.

We have done various other trips during the year and attended other events, including a Soul Survivor event in Cambridge and the Higher Tour gig at the Junction. We are continuing to promote the spiritual development of the young people and this is helped through the links with the local churches and Christian organisations, including joining Romsey Mill for their Deeper residential in the Summer.

The young people have been involved in many of our fundraising events over the year and through our Youth Action Committee they have been able to make a positive impact on the community which is fantastic.

We are so grateful for the support of the local churches, councils, organisations and individuals who support us and our work. Without you we wouldn't be able to make a positive impact on the lives of many of the youth in this area.



## **An outline of the groups we run**

### *Lunchtime Detached – Sawston Village College*

Lunchtime detached sessions at Sawston Village College are an opportunity to meet new young people and build on existing relationships. It also useful to remind young people about upcoming clubs, events and trips:

- ✦ 70 hours of face-to-face delivery

### *Mentoring group – St. Andrew's, Stapleford*

Targeted group including accredited qualifications:

- ✦ 3 young people
- ✦ 67.5 hours of face-to-face delivery
- ✦ 2 x Level 1 Award in Home Cooking Skills
- ✦ Distance travelled:
  - 100% expressed improvement in their confidence
  - 100% expressed improvement in their ability to get along with others
  - 100% expressed improvement in their ability to overcome challenges
  - 100% expressed improvement in their hope for the future
- ✦ Average rating: 9.5

### *RED – Great Shelford Social Club*

A youth group for young people aged 16 upwards discussing life issues in a relaxed and safe environment:

- ✦ 13 young people
- ✦ 76 hours of face-to-face delivery
- ✦ Distance travelled:
  - 83% expressed improvement in their confidence
  - 100% expressed improvement in their ability to get along with others
  - 66% expressed improvement in their hope for the future
- ✦ Average rating: 8.5
- ✦ 1 volunteer

### *Shred It Up*

A weekly skate and scootering project established at the request of young people in which young people visit different skate parks across the county:

- ✦ 18 young people
- ✦ 75 hours face-to-face delivery
- ✦ Distance travelled:
  - 100% expressed improvement in their confidence
  - 100% expressed improvement in their ability to overcome challenges
  - 100% expressed improvement in their ability to get along with others
  - 100% expressed improvement in their hope for the future
  - 100% expressed improvement in gaining new skills, abilities and knowledge
  - 100% expressed improvement in understanding the difference between positive and risk taking behaviour
- ✦ Average rating: 10
- ✦ 1 volunteer
- ✦ This group also went on a trip to Adrenaline Alley in Corby.

### *Friday Youth Club – Great Shelford Social Club*

An open access youth club for young people 10-21 including pool, x-box, darts, toasties, tuck, games and more!

- ✦ 49 young people
- ✦ 130 hours of face-to-face delivery
- ✦ Distance travelled:
  - 89% expressed improvement in their confidence
  - 100% expressed improvement in their ability to overcome challenges
  - 78% expressed improvement in their ability to get along with others
  - 67% expressed improvement in their hope for the future
- ✦ Feedback:
  - “It gives me time to get away from everything that is going on at school and home”
  - “It’s fun and I meet more people”
- ✦ Average rating: 7.9
- ✦ 5 volunteers
- ✦ 2 young leaders
- ✦ We had some themed youth clubs throughout the year including a Karaoke night, Christmas party, Ollie’s leaving party and some sports activities run by a mission team from the US
- ✦ We also went on Ice Skating and Bowling trips

### *Youth Action Committee*

A group of young people committed to helping their local area and raising money for SSYI:

- ✦ 10 young people
- ✦ 16 hours of delivery

### *Community support*

The work of SSYI and young people therein has been profiled at the Great Shelford, Stapleford and Little Shelford village show as well as the SSYI Garden party, Big Breakfast and Quiz night:

- ✦ 18 hours of face-to-face delivery
- ✦ 6 young leaders

### *One-to-one support*

Pastoral care for vulnerable young people in need of more intensive support:

- ✦ 5 young people supported in one-to-one sessions
- ✦ 56 hours face-to-face delivery

### *Open Access Activities*

We also ran a number of activities open to the young people we work with in this area including a Nerf war, Photo Treasure hunt, Sports day and Bike Maintenance:

- ✦ 21 different young people attending these activities
- ✦ 14 hours face-to-face delivery

## Comments from the Residential

### Your highlight?

- ✦ “Jumping in the river and rock climbing. Everything.”
- ✦ “Being encouraged to face my fear of heights and challenged to try different things when rock climbing and actually going down the zip wire.”
- ✦ “Everything..... It WAS AWESOME 🤩🤩🤩”
- ✦ “Having a good time with my friends”

### What are you most proud of?

- ✦ “Doing all of the activities”
- ✦ “Getting on with everyone”
- ✦ “My spray paint picture”
- ✦ “Facing my fear of heights and giving everything I did my best effort”

### Any other Comments?

- ✦ “Thank you for everything”
- ✦ “It's was an amazing trip”
- ✦ “The trip was a lot of fun and everyone was incredibly kind. They all encouraged everyone to try something new or improve on a skill they already know”
- ✦ “The residential was great fun, would love to go again”

### Distance travelled

- 100% expressed an improvement in their ability to overcome challenges
- 100% expressed an improvement in getting on with others
- 92.9% expressed an improvement in their confidence
- 86.7% expressed an improvement in their hope for the future
- 93.3% expressed an improvement in their communication skills with others
- 100% expressed an improvement in their confidence to try new things

The young people rated the Residential 8.8 out of 10.